



August

ThinkHealth News 2023

Software Thinking and Standing with You



Customers Hot Topic

New Rules to Govern Health Information Exchange Approved by OHCA Board

The Oklahoma Health Care Authority Board has approved the proposed emergency rules to implement the statewide health information exchange.

These emergency rules will take effect immediately upon the approval and signature of Governor J. Kevin Stitt.

[View the emergency rules here.](#)

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Tough as a Mother Launches in Oklahoma, Connecting Women to Substance Use Treatment Options

The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) hosted OKC and Tulsa Metro providers during two data-driven presentations highlighting mothers living with substance use disorders. These presentations were dedicated to launching a new public awareness campaign that aims to address the stigma of substance use disorder, called Tough as a Mother.

[Click Here for More Information](#)

Agency Events and News

Certified Vibrational Sound Practitioner Stacey Freeman assists leadership professionals to relax & regulate mood. Empower yourself to show up better for your teams and your families! In this workshop, discover the many beneficial uses for the ancient practice of sound therapy.

[Click Here for More](#)



Nurturing the Foundation

Center for Children and Families presents on infant mental health and just what that means. The Virtue Center hosts a CEU event Friday August 18th, from 9am to 12:15pm featuring Center for Children and Families.

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The word “Narcissist” is incredibly prevalent. Everywhere on the internet you can find articles, podcasts, and videos about “The Narcissistic Ex” or “Growing up with Narcissistic Parents.” It seems almost everyone has been affected by a Narcissist.

This workshop is for highly-sensitive people (HSPs) who are healing from relationships with people with narcissistic traits.

[Click Here for More Information](#)



Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to appropriate care.

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NEWSLETTER HIGHLIGHTS

Why Comprehensive Crisis Response?

4.1% of adults in Oklahoma had serious thoughts of suicide in the past year. 1 in 10 students reported attempting suicide in the past 12 months. Each week, approximately 300 Oklahomans are admitted for urgent care or crisis mental health services.

ODMHSAS is building a system to address the needs of Oklahomans when experiencing a psychiatric emergency. The Comprehensive Crisis Response system is funded by multiple sources to include state, federal, and reimbursement. This system is leveraging existing pieces in the community and follows national standards and best practices.

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988 Mental Health Lifeline Receives Nearly 40,000 Calls in First Year of Operation

More than 3,000 calls per month to 988 in Oklahoma since launching in July 2022. The 988 Mental Health Lifeline, a three-digit number offering mental health support and immediate response during mental health crises, reached its first anniversary this month, receiving 39,831 calls since launching in July 2022. Any Oklahoman can call or text 988 if experiencing a mental health emergency, seeking guidance for a mental health situation, needing substance use resources or looking to gain insight on navigating concerns for a friend or loved one.

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Ohio GOP Senator Proposes New Limits on Health Care Non-Compete Contracts

State Sen. Terry Johnson, R-McDermott, has proposed legislation that would limit many health care non-competes to six months and a radius of 15 miles. Johnson, a retired osteopathic physician, filed similar legislation during the previous term.

The current legislation only applies to a specific slice of the health practitioners. Physicians, physician assistants, and advanced practice registered nurses fall within the bill's scope. That leaves out management employees and nurses with less training.

The measure also only applies to nonprofit hospitals. Most of Ohio's hospitals operate as nonprofits. But some partner with for-profit specialty hospitals offering services like rehabilitation or behavioral health. Johnson's bill places explicit geographic limits on non-compete contracts.

Those limits can't extend beyond 15 miles of the "physical location where the employee was employed with the hospital." The Ohio Hospital Association, which represents 247 hospitals in the state, defended the use of non-compete contracts.

[Click Here for More Information](#)



Mark Your Calendar

August 7

[Purple Heart Day](#)

August 15

[National Relaxation Day](#)

August 19

[World Humanitarian Day](#)

August 24

[National Waffle Day](#)

August 26

[Women's Equality Day](#)

August 30

[National Beach Day](#)

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